



Pony Racing Taster Day at Bangor on Dee Racecourse on Sunday 24th September 2023

We would like to invite you to come and find out about Pony Racing.
The day is free and you don't need a pony.

On the day, you will:

- Take a tour of Bangor on Dee Racecourse and see what happens behind the scenes
- Have a go on a horse simulator (Equicisor) with a jockey coach
- Find out how fit you need to be to ride in a pony race and try fun exercises used by jockeys
- See the racing equipment for jockeys and horses
- Find out how to get involved
- Watch Pony Racing in the afternoon

The day will probably run from 11.30am to 2.00pm – times will be confirmed by email a week before the day. All are welcome with a recommended participant age of 7 - 16 years old to be accompanied by a parent/guardian for all activities. Pony Racing is open to riders aged 9 – 16.

The Taster Day is free, but places must be booked in advance as numbers are limited

<https://www.ponyracingauthority.co.uk/race/pony-racing-taster-day-33/>

This link shows a Taster Day at Aintree: https://youtu.be/Hl_UW9hwc3c

For more information, please contact Lea on lea@ponyracingauthority.co.uk

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