



2023 Senior pre-season Camp

run by the Cumberland Farmers Hunt South branch

Open to any pony club member from any branch in any area. 17 - 25 years. (we may drop age group slightly if places don't fill)

Venue: Somerford Park Farm, Holmes Chapel Rd, Congleton, CHESHIRE. CW12

www.somerfordpark.co.uk



Arrival April 3rd 2023 from 6pm
Lessons April 4th/5th Depart by 4pm
To book: contact Fiona Veitch
Fiona.veitch@outlook.com
Or Amy Veitch
ajveitch@hotmail.co.uk



Are you from a small branch?, would you like to meet other older PC members from around the country?, have you always wanted to go on a senior camp?. Please join us: great instruction, make new friends, have fun, or come with a few friends from your own branch. Counts for 2 rallies. If you want to bring more than 1 horse to take part please ask. Price same for 2nd horse

Top class instructors:

Dressage : Fiona Lace, List 2A BD judge, UKCC L3 BD coach, BHSII, BYDS assessor

Show Jumping : Sarah Tubbs www.sarahtubbscoaching.co.uk Level 4 BS coach, Para SJ coach, Masters Degree in Professional Practice in Sports Coaching, BHSII(SM)

Cross Country : Laura Grice www.lauragrice.com BE development coach, competed Badminton and Burghley, represented GB.

Specialist Talks: The Pony Club – coach pathways, tests, test training.
Supa Studs – TBC – studs- their use – pros and cons



You will have

2 xc lessons in small groups

1 sj lesson in pairs

1 dressage lesson in pairs

Farm Ride- use when ever you want during camp

Use of the arenas if not in use (option for additional SJ lesson on 4th – additional cost paid directly to SJ trainer)

Somerford Park Farm

Set in beautiful Cheshire, conveniently located near the M6. The Equestrian centre boasts extensive facilities; incl extensive XC Schooling fields, Andrews Bowen surfaces. There is also a 6.5 mile farm ride with numerous jumps and even a river crossing which is perfect to go for a cool down! At camp we will have access to a kitchen, dining facilities, showers and toilet area.

Somerford Park is located on A54, south of Holmes Chapel Junction 18/19 M6

If you want to specialise in flat or SJ please get in touch we will try to accommodate.

Jumping- you need to be jumping 80cm. Can accommodate up to 2*

£22 - book your slot. if more than 10 people its £20
20 minute session



TheraPlate uses small, circular movements to encourage muscle contraction and increase circulation. TheraPlate works from the inside out to yield powerful results with no negative impact to the joints. This dynamic movement is exclusive to TheraPlate and is much more advanced than vibration therapy. Listed below are just a handful of the things the TheraPlate can help with!



Included:

All lessons- talks- pizza- quiz/bingo/prizes- farm ride

Stable with 2 bales of Shavings - £20 deposit in cash – will be returned on checkout and a clean stable.

Haylage (if you use hay you will need to bring your own)

Use of the pavilion, showers and toilets

Hook-up. Booked directly with Somerford

First night-Pizza in the pavilion from 8pm

Second night- talks, Quiz and Bingo with great prizes

You need to provide your own food (other than the pizza)

Great kitchen in the pavilion

Cheshire Equine TheraPlate – book onto a session £22 See their FB page for more details.

£220 - deposit £100 to confirm place by October 1st 2022.

Remainder by February 1st 2023

For information on how to book and pay please email

fiona.veitch@outlook.com . The application form will be sent.

Payment to the CFHS BACS account. Details given after initial email. Camp rules will be sent on booking.

Email to provisionally book and hold place: will be kept on the list until Oct 1st.