

AREA 14 AH Teaching Programme

Run by Sue Stevenson and Nikki Forbes



Come and join your fellow PC friends in the comfort of your home to prepare for your AH test. If you are planning on taking your AH test this year and are already working towards it - we can help you establish a clear understanding of the requirements of each Unit and provide you the motivation to study. These online sessions are designed to support your practical learning and enhance your understanding in a friendly environment with full coverage of the AH Syllabus – focusing on the theory behind the practical with use of video's and demonstrations as well as specialist speakers, exam candidates and AH assessors.

It is vital if you are intending on taking the exam this year that you are already well on your way with your studies and are gaining the practical experience on competition yards to develop the very high standard, depth of knowledge and confidence required for this level.

Cost: £45 for each block of 4 lessons - Payment required on booking. (Each block can be booked separately and there is no commitment to complete all 4 blocks of lessons).

These online lessons will take place weekly on a Wednesday at 7pm for 1 ½ hours. The aim will be to start at the end of February and finish mid-June. There will also be 2 full day practical training days that will be planned in for April / May time.

The AH exam will be arranged for the beginning of July 2021.

The sessions will be recorded, so if you cannot make it 'live' I can email you the recording to watch in your own time meaning you won't miss out on any of the content.

To allow maximum engagement of learners group size will be restricted to 12 so don't delay in booking!

If you are interested in taking part or would like more information please message me via my Facebook page.

[Sue Stevenson Equine Coach | Facebook](#)

Bookings to be made via [horse events](#)

WEEKLY PROGRAMME

Week	Section	Topic	Delivery	Independent learning for next session
Block 1				
1.	Assessor A	Introduction to series and what will be covered Format of AH exam Intro to Assessor A and Topics P1 Ride and lead P2 Stableyard / theory / Foot & Shoeing/ Grooming / Clipping/ Trimming	Discussion of Specialist Speaker AH examiner Practical aspects	familiarisation with Foot & Shoeing – recap structure of foot and lower leg
2.	Assessor A	P2 Foot and shoeing <i>balance / remedial / studs / removal / diseases and Ailments</i>	Specialist speaker	Diseases and ailments of the foot
3.	Assessor A	P2 Grooming / Clipping trimming	Specialist speaker	worm control & pasture management
4.	Assessor B	Intro to assessor B and topics P1 Lungeing P2 Paddock Management P2 Care of Mare and foals	Discussion of Practical aspects	Care of Mares and foals
Block 2				
5.	Assessor B	P2 Care of Mares and Foals <i>Influences / Vet procedures / prep / care of in foal mare / foaling / problems / aftercare / youngstock</i>	Specialist speaker	Conformation
6.	Assessor C	Intro to assessor C and topics. P1 Conformation P1 Lameness P1 Health and condition P2 Feeding Exercise and Fitness	Discussion of Practical aspects Theory – conformation & Lameness	Lameness
7.	Assessor C	P1 Conformation with regard to lameness, Lameness, Vetting procedures,	Specialist Speaker	Diseases and Ailments /
8.	Assessor C	P1 Health and condition <i>diseases and ailments /causes and treatment / Welfare associations</i>		Feeding related problems

WEEKLY PROGRAMME

Week	Section	Topic	Delivery	Independent learning for next session
Block 3				
1.	Assessor C	P2 Feeding Hay & alternatives/ hard feeds / modern Vs traditional feeding / work requirements / feeding related problems		The digestive system and nutrients recap
2.	Assessor C	P2 Nutrition	Specialist speaker	Muscles / skeleton
3.	Assessor C	P2 Fitness Fitness plans / types of exercise and when to use / interval training / measuring fitness		Fitness and designing programmes
4.	Assessor C	P2 Fitness Fitness plans / types of exercise and when to use / interval training / measuring fitness		Tack and equipment – fitting the double bridle
Block 4				
5.	Assessor D	Intro to assessor D and topics. P1 Handling and Tacking up P2 Common Ailments / nursing and 1 st Aid	Discussion of Practical aspects incl tacking up for XC & equipment and double bridle, exercise bandage	The systems of the horse (circulatory / respiratory)
6.	Assessor D	P2 Common Ailments / nursing and 1 st aid		Common Ailments & 1 st aid
7.	Assessor D	P2 Common Ailments / nursing and 1 st Aid (knee , hock bandages) Ageing horses – care of the teeth	Specialist speaker – vet / dentist	Prep any questions for AH member
8.	All sections	Round up of all Sections	Specialist speaker - AH member / Assessor	

Practical Days

Day 1

9.45 welcome & intro	Conformation and lameness (specialist speaker)	Lungeing	Tacking up for XC	Knee & Hock Bandaging 1 st aid
10-11	All groups			
11-12		A	B	C
Lunch and discussion				
1-2		C	A	B
2-3		B	C	A
3.15 Qu & Answer 3.45 finish				

Day 2

9.30 welcome & intro	Grooming clipping and trimming (specialist speaker)	Ride and Lead	Lower leg / foot and shoeing	Paddock management / condition scoring / muscles and skeleton
10-11	All groups			
11-12		A	B	C
Lunch and discussion				
1-2		C	A	B
2-3		B	C	A
3.15 Qu & Answer 3.45 finish				