**AREA 5 TETRATHLON COMMITTEE**

**TRIATHLON**

**ELLESMERE COLLEGE,**

**ELLESMERE, SHROPSHIRE SY12 9AB**

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 **SUNDAY 18 FEBRUARY 2018**

**THE AREA 5 QUALIFIER FOR THE NATIONAL TRIATHLON CHAMPIONSHIPS WILL BE INCORPORATED INTO THIS COMPETITION**

# **CLASSES**

**1** BOYS BEANIE (UNDER 8) **1 & 2 :** BEANBAGS ON TARGETS,

**2** GIRLS BEANIE (UNDER 8) 500M RUN (sorry no swim available)

**3** BOYS MINI (8 – 11 YEARS) **3&4 :** 7M, 2 HAND SHOOT, TURNING TARGETS

**4** GIRLS MINI (8 – 11 YEARS) 1000M RUN, 2 MIN SWIM

**5** BOYS JUNIOR (12 – 14 YEARS) **5&6 :** 7M, 1 HAND SHOOT, TURNING TARGETS

**6** GIRLS JUNIOR (12 – 14 YEARS) 1500M RUN, 3 MIN SWIM

**7** BOYS OPEN/INTER (UNDER 26) 10M, 1 HAND SHOOT, 2000M RUN, 4 MIN SWIM

**8** GIRLS OPEN/INTER (UNDER 26) 10M, 1 HAND SHOOT, 1500M RUN, 3 MIN SWIM

BEANIE CLASSES: THOSE WHO HAVE NOT YET REACHED THEIR 8TH BIRTHDAY. COMPETITORS AGED 8 ON THE DAY ENTER CLASS 3 OR 4

ALL OTHER AGES AS ON THE 1ST JAN 2018

**CLASSES 3 – 8 ARE THE QUALIFYING CLASSES FOR THE WINTER TRIATHLON CHAMPIONSHIPS**

The two highest placed competitors in each of these classes will go forward to the Championships. If they are not from Area 5 then the two highest placed Area 5 competitors will also go forward.

**PLEASE STATE IF YOU HAVE ALREADY QUALIFIED**

CLASSES 3 & 4 MAY BE SPLIT BY AGE FOR ROSETTES ON THE DAY, BUT NOT FOR QUALIFICATION

**This is the final event of our Trio of Triathlons – prizes will be awarded!**

TEAMS: Branch teams of three or four from classes **1 - 8**, best three scores to count.

AWARDS: Individual and team rosettes to 6th place.

 Medals for best run, shoot and swim in each class.

ENTRY FEE: £15 per competitor classes 3-8, £10 per competitor classes 1 & 2

(£1 reduction for 2nd and subsequent family members)

Cheques payable to Area 5 Tetrathlon Committee.

Closing date 3 FEBRUARY 2018.

**Please send correct fee with entry to:-**

Mrs Penny Wingfield, Coedlyn, Rowen, Conwy LL32 8YL

Tel. 01492 650989 Mobile 07845 128109

Email - Area5Tetrathlon@outlook.com

Legal Liability: Neither the organisers, nor persons acting on their behalf, accept any liability for loss, damage, accident, injury or illness to competitors, spectators or any person or property whatsoever.

Health and Safety: The organisers of the event have taken reasonable precautions to ensure Health & Safety of everyone present. For these measures to be effective, everyone must take reasonable precautions to avoid and prevent accidents from occurring and must obey the Instructions of the organisers, officials and stewards.