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Q **What's been your favourite moment in your coaching career?** Interestingly enough, one of my early highlights was with The Pony Club up in North Wales. I was helping a group of 10 to 12-year-old children from Flint and Denbigh Pony Club with their cross-country riding.

Towards the end of the lesson everything really worked well and they were galloping across the country and jumping fences. It was such a highlight to see these kids forming up from raw talent into something that was shapeable and used more technique, but still had that natural flair that they had shown right early on.

There have been numerous highlights – nearly every day is a highlight to be honest. When you get a new idea, or you see someone that suddenly something is working well for, all those sort of things. And the inspiration you get, for example, from a convention like this.

I'm on my own out here in the indoor school and I've got 200 people sitting up there, some of them knowing much more about the job than I do. This is where I think the sport is true to itself, where people are prepared to listen and take on new ideas. I might get a question that I have to think about, and they might criticise me, and then I learn from that.

I will walk away from here thinking that it's been a very useful day for my own personal development – never mind everyone else! ●