**AREA 5 TETRATHLON COMMITTEE**

**TRIATHLON**

**ALSAGER LEISURE CENTRE,**

**HASSALL ROAD, ALSAGER ST7 2HP**

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**SUNDAY 11 SEPTEMBER 2016**

# **CLASSES**

Classes 1 – 6 may be split by age if there are sufficient entries.

Class 7 may be combined with class 9 and class 8 may be combined with class 10 if there are insufficient entries..

**1** BOYS PRE MINI (UNDER 8) BEANBAGS ON TARGETS, 500M RUN, 2 MIN SWIM

**2** GIRLS PRE MINI (UNDER 8) BEANBAGS ON TARGETS, 500M RUN, 2 MIN SWIM

**3** BOYS MINI (8 – 11 YEARS) 7M, 2 HAND SHOOT, 1000M RUN, 2 MIN SWIM

**4** GIRLS MINI (8 – 11 YEARS) 7M, 2 HAND SHOOT, 1000M RUN, 2 MIN SWIM

**5** BOYS JUNIOR (12 – 14 YEARS) 7M, 1 HAND SHOOT, 1500M RUN, 3 MIN SWIM

**6** GIRLS JUNIOR (12 – 14 YEARS) 7M, 1 HAND SHOOT, 1500M RUN, 3 MIN SWIM

**7** BOYS INTERMEDIATE (UNDER 26) 10M, 1 HAND SHOOT, 2000M RUN, 3 MIN SWIM

**8** GIRLS INTERMEDIATE (UNDER 26) 10M, 1 HAND SHOOT, 1500M RUN, 3 MIN SWIM

**9** BOYS OPEN (UNDER 26) 10M, 1 HAND SHOOT, 3000M RUN, 4 MIN SWIM

**10** GIRLS OPEN (UNDER 26) 10M, 1 HAND SHOOT, 1500M RUN, 3 MIN SWIM

**11** WRINKLIES/SLIGHTLY CREASED 7M, 2 HAND SHOOT, 1000M RUN, 2 MIN SWIM

PRE MINI CLASS: THOSE WHO HAVE NOT YET REACHED THEIR 8TH BIRTHDAY. COMPETITORS AGED 8 ON THE DAY ENTER THE MINI CLASS

ALL OTHER AGES AS ON THE 1ST JAN 2016

TEAMS: Branch teams of three or four from classes 1 - 10, best three scores to count.

AWARDS: Individual and team rosettes to 6th place.

 Medals for best run, shoot and swim in each class.

**TETRATHLON**: Classes 1 – 6 may take their Triathlon scores from this event to Cheshire Hunt South’s Eventers’ Challenge on Sat 17 September to form a Tetrathlon. Sorry but there are no ridden classes for those over 14. Details for 17 Sept to follow shortly.

ENTRY FEE: £13 per competitor (£1 reduction for 2nd and subsequent family members)

Cheques payable to Area 5 Tetrathlon Committee.

Closing date 5 September 2016.

**Please send correct fee with entry to:-**

Mrs Penny Wingfield, Coedlyn, Rowen, Conwy LL32 8YL

Tel. 01492 650989 Mobile 07845 128109

Email - Area 5Tetrathlon@outlook.com

Legal Liability: Neither the organisers, nor persons acting on their behalf, accept any liability for loss, damage, accident, injury or illness to competitors, spectators or any person or property whatsoever.

Health and Safety: The organisers of the event have taken reasonable precautions to ensure Health & Safety of everyone present. For these measures to be effective, everyone must take reasonable precautions to avoid and prevent accidents from occurring and must obey the Instructions of the organisers, officials and stewards.